



Kia ora e te whānau

During the week several of our students have been exploring opportunities outside the classroom that have been linked to their curriculum studies. Our scholarship Biology students visited the Orokonui Sanctuary, our Level 3 Chemistry students visited Otago University Chemistry Department and our Level 3 Physical Education classes visited and explored the facilities at the PE School at Otago University, where I understand Ollie Smythe made a valiant attempt to match Michael Phelps Olympic time in the swimming flume. We have also welcomed several visitors during the week who have come in and spent some time with our students. Silver Fern Farms presented to our senior Agribusiness students and our Year 7 and 8 Writers group were given the opportunity to meet a local author, Ella West. My thanks to the teachers for organising these opportunities.

Our netballers performed admirably at the recent Otago Secondary Schools' Championships held at the Edgar Centre on Sunday and Monday. Our Senior A team went through unbeaten in pool play and despite a valiant first half, lost their semi-final. They picked themselves up for their last game and won in a tight encounter to secure third place overall. Our Year 9 team also played excellent netball to finish third overall, as did our Year 10s who finished sixth. Well done to all the players involved and my thanks to the coaches, managers, and supporters.

We have a couple of exciting events next week. On Tuesday we host South Otago High School in our long running winter sports exchange, and on Thursday we host the Dunedin heats of Rockquest. Good luck to everyone involved.

Nga mihi nui

Dave Hunter
PRINCIPAL

Key Dates

18-19 June 2022
Otago Secondary Schools'
Swimming Champs

20 June 2022
Year 7/8 Rippa Rugby - Otago
Regional Finals
L3PHY Otago University Visit

21 June 2022
SOHS Interchange – Taieri
Toitu Day trip #2

22 June 2022
Mufti Day. Please bring a can –
proceeds to Octacan
Whanau Hui - 5.30pm to 7.00 –
Library

23 June 2022
Level 3 Biology trip to Orokonui
L2PHY Otago University Visit
Rockquest
Silverstream planting –
Ecowarriors

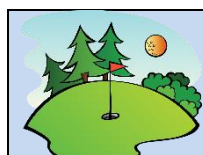
24 June 2022
Matariki - College Closed

Senior Assessments Due Next Week

24 June 2022
AS91230 L2 History

**Wednesday 22 June 2022 – Mufti Day – Please bring a can.
Proceeds to Octacan**

Friday 24 June 2022 – Matariki Holiday – College Closed



**Taieri College Sport Council Annual Golf Day
Friday 11 November 2022**



Social Programme

As part of the Year 10 Social programme Hartley Newell and Riley Laplanche have been studying customs and foods from a range of cultures. They planned and made sushi and presented a sample to Mr Hunter.



Taieri College Sports Council

Mission: 'To promote and encourage sport at Taieri College and on the Taieri'

Taieri College's Sports Council is a committee made up of both parents and teachers. We rely heavily on the generosity of sponsorship to keep our programmes in place; to fund teams and individuals; to supply equipment; to upgrade playing areas, and to purchase school vans to transport our students. We aim to give our young athletes every opportunity possible.

Our Sports Council is always welcoming and very appreciative of any new sponsors wishing to come on board. If you think this is an area you can help, please contact The Sports Office (sport@taieri.school.nz)

There are four LEVELS of Sponsorship: PREMIER (amount is by negotiation), PLATINUM (\$2,000 + GST per year), GOLD (\$1,000 + GST per year) and SILVER (\$500 + GST per year).

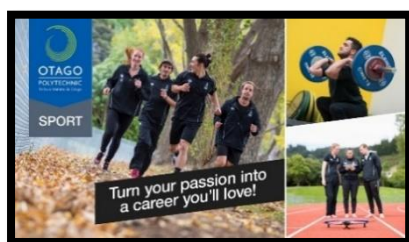
Each MONTH the Sports Council would like to SHOWCASE one of our valued sponsors. Where possible we urge our Taieri College families to support these generous businesses just like they support us.

GOLD SPONSOR OF THE MONTH – SPORTSMED

With winter sports now in full swing, injuries can creep in!! We are so lucky to have Adam Letts & his team at Sportsmed ready to help you get back on track. Sportsmed's services are available to all sporting students, so don't ignore the aches and pains, go get the professional treatment available.



Taieri College Sports Council are proud to work alongside the following sponsors; McDonalds Dunedin, LJ Hooker – Lachie McLachlan, Mastercraft Mosgiel Kitchens, Sportsmed Mosgiel, Waiholo Surfacing, Reece Building Consultants, DS Building Limited, Promo-X, Dixon Roofing, TAK Flooring, Loan Market, Otago Polytech Institute of Sport, Exercise & Health, CREDIFLEX Otago, Willow & Silk, Beauty Lane, ITM



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Cardiovascular diseases

In New Zealand every 90 minutes a person dies from cardiovascular

Patients with heart failure experience various physical and emotional symptoms such as dyspnea, fatigue, edema, sleeping difficulties, depression, and chest pain. These symptoms limit patients' daily physical and social activities and result in poor QOL.

The number 1 cause of heart disease is A buildup of fatty plaques in your arteries (atherosclerosis) is the most common cause of coronary artery disease. Unhealthy lifestyle habits, such as a poor diet, lack of exercise, being overweight and smoking, can lead to atherosclerosis.

Cardiovascular diseases (CVDs) are the leading cause of death globally, taking an estimated 17.9 million lives each year.

On average, not smoking, maintaining a healthy weight, and controlling blood sugar, blood pressure and cholesterol can add 10 years to a person's lifespan.

Our Year 11 designers have produced a range of posters for the Department of Physiology and Heart Otago. This was part of a poster competition for students from the Dunedin and Mosgiel areas and will be judged this week. The aim of the competition is for students to conduct some research and present their findings in an engaging way, to raise awareness of the importance of cardiovascular health. This has been excellent experience for our students to produce graphic design work for a real cause.

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The Big Sing 2022

On Monday our Taieri College choir participated in the annual Otago and South Canterbury regional secondary schools choir competition 'The Big Sing 2022', held at the Knox Church Dunedin. Well done to all the students who were involved, you made us proud!



Chamber Music Contest 2022

This week six of our talented students took part in the annual NZCT Chamber Music Contest which provides a platform for thousands of NZ secondary school students to perform. For many young musicians this is their first experience of chamber ensemble performance.

The contest, the largest and longest running chamber music event of its kind, acts as a springboard for musicians and composers of tomorrow, encouraging participants at all stages of their musical development, to perform together and enjoy the thrill of making music.

Well done to you all.



Sports Office Newsletter

Otago Secondary Schools Netball Tournament:

Last weekend three of our teams took part in the Otago Secondary Schools' Netball Tournament held in Dunedin.

On the first day our 10A team won against Kavanagh but lost against Mount Aspiring and St Hilda's. They were unlucky in their initial game against Mt Aspiring, but faced them again the next day, this time winning by two goals. They then played Waitaki Girls' High School in a close game losing 31- 28.

Our Year 9A team convincingly beat Wakatipu High School, East Otago High School, Kavanagh College on Day One. Although they lost to Columba 9A in the semi-final, they won against Mount Aspiring in the third and fourth playoff 31-22.

The Senior A netball team also had a good tournament winning against Waitaki Girls' High School, Queen's High School, and Dunstan High School on the first day. Although competitive in the first half of the semi-final against St Hilda's, the team picked themselves up after that loss to win against Otago Girls' High School in a close 43- 41 victory to finish third.

All three teams can be pleased with their achievements and many thanks to the coaches, managers, and whānau supporters. Thanks also to Simone Letts and Amelia Baxter for giving up their time to umpire both days.

Congratulations to Danni Thomson who played her 50th game for the Senior A team during this tournament.




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Sports News Continued

Hockey Academy

Week one of our Hockey Academy for Year 7–10 was great! We are very lucky to have the coaching expertise available from Jakob Annison, Premier Albion men's player and coach of John McGlashan College 1st XI. Get out of bed and head along at 7.30am on Monday mornings in the school ITC. Please talk to Mrs McHutchon to register your interest.



Squash

On Sunday 12 June 2022 Taieri College had six students competing in the Alexandra Junior Squash Tournament - Hayden Webb, Max Cross, Charlie Goodsir, Jaxon Innes, Hunter Compton, and Mace Hodge.



Jaxon Innes played outstanding, securing a spot in the final, where he came runner up in C grade after an intense game. Hayden (B grade) and Mace (D grade) both placed 4th in their grades. Special mention to Hunter who was awarded the Sportsperson Prize for the tournament.

South Island Secondary Schools' Swimming Champs

Good luck to Kylie Gale, Maddison McGrath, Emma Bain, Keira Hughes, Abby Samuels, Emily Russell, Regan McGrath and Aidan Easlon who will be presenting Taieri College this weekend at the South Island Secondary Schools' Swimming Champs being held here in Dunedin at Moana Pool. We wish them well.

Rippa Rugby

Best of luck to our Year 7/8 Rippa Rugby team competing in the Otago Finals Tournament on Monday 20 June 2022. After coming second in the Dunedin tournament, they will now play against qualified teams from the wider Otago region.

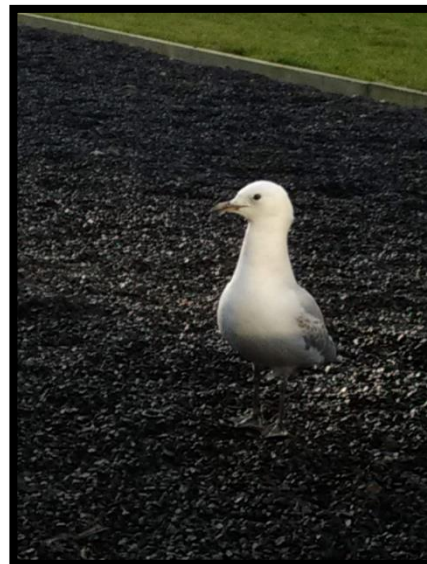
South Otago Interchange

Taieri College are hosting the annual sports interchange with South Otago High School on Tuesday 21 June 2022. All involved students should have received a letter home outlining further details for the day. We are looking forward to playing some good competitive sport and hopefully keeping the trophy at home for another year! Let's go Taieri!

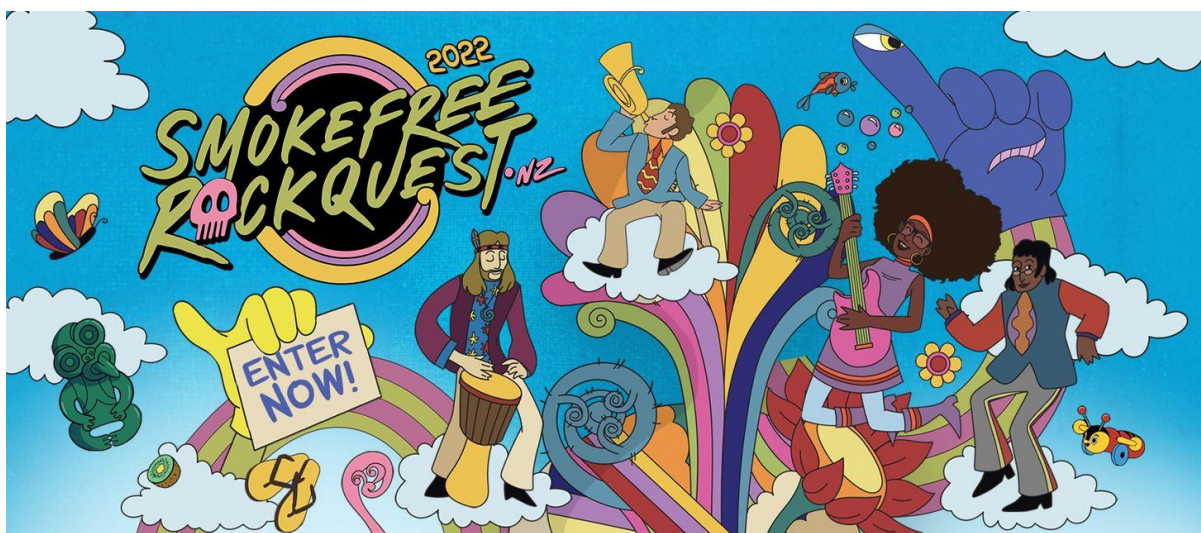
Sport	Team	Venue	Start time
Hockey	Mixed 1 st XI	OHA Turf	9.30am
Rugby	Under 14	Fields – Taieri College	9.10am
Rugby	Under 15	Fields – Taieri College	10.30am
Rugby	Girls 10's	Fields – Taieri College	11.50am
Rugby	1 st XV	Fields – Taieri College	12.30pm
Netball	Senior A	ITC – Taieri College	10.45am
Netball	Senior B	Courts – Taieri College	12.30pm
Netball	10A	Courts – Taieri College	12.30pm
Netball	9A	Courts – Taieri College	12.30pm
Basketball	Junior A Girls	Gym – Taieri College	10.30am
Basketball	Senior A Boys	Gym – Taieri College	11.20am
Basketball	Senior A Girls	Gym – Taieri College	12.10pm
Basketball	Junior A Boys	Gym – Taieri College	1.00pm
Football	1 st XI Boys	Fields – Taieri College	10.45am
Football	2 nd XI Mixed	Fields – Taieri College	12.30pm
Theatresports	A team	Drama room – Taieri College	11.30am

Year 10 Photography

Images by Brieanna Downes-Herbert WJ



Smokefree Rockquest 2022



Otago Regional Heats:

Venue: Taieri College
Start Time: Bands start at 4pm, Solo/Duo start 6pm
Date: 23 June 2022
Tickets: For audience members only. DOOR SALES ONLY - From 30 minutes before the first act.
Ticket Price: \$10 for Students, \$15 for Adults. (Children 5 years and under - no charge).

All performances are also being live streamed free of charge on www.sfrq.nz.

Masks recommended. No vaccine passports required.

This year, there will be no prize giving at the end of the heats. They will announce the regional winners of the Solo/Duo category, The Rockshop Best use of Electronic Assist Award, the Smokefree Tangata Beats Regional Award, and announce which bands will move on to the Online Regional Final level, 24 hours later. There is no expectation for you to stay until the end.





Have Fun, Play Squash!



Are you keen to give squash a go?

Contact Rachel Aitken - 02108395596 if you are interested in playing squash and joining the Taieri Squash Club.



Cost - \$35 until April next year + 1 off payment of \$15 for a key tag

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