

TAIERI COLLEGE

NUTRITION POLICY

Rationale:	Taieri College is committed to educating students on the importance of good eating habits and promotes healthy eating options.
Legislation:	Ministry of Education – National Administration Guidelines (NAGs)

- 1. To increase awareness for young people in their choice of healthy food.
- 2. Promote healthy nutrition and healthy eating practise across the whole College curriculum.
- 3. To offer varied and nutritious food choices that support the National Food and Nutrition Guidelines.

Date Last Reviewed: August 2021	Page 1 of 1	Nutrition Policy
Date to be Reviewed: August 2024	Updated by: Self-Review Team	Approved by: Board of Trustees